

Training Workshop Calendar

August – December 2024

Dunedin

August	Public Workshops	Duration	Price + GST
28	Finetuning Your Assertiveness	Full day	\$650
28	Courageous Conversations Having Conversations that Matter.	Full day	\$650

September	Public Workshops	Duration	Price + GST
3	Time Management – Self Management	Full day	\$650
6	Creating a Wellness Workplace	Full day	\$650
10	Train the Trainer	Full day	\$650
12	Giving & Receiving Feedback	Full day	\$650
16	From Stress to Strength - Strengthening Your Resilience.	Full day	\$650
27	Building Strength Based Teams	Full day	\$650

October	Public Workshops	Duration	Price + GST
8	Managing Performance to achieve Results	Full day	\$650
10	Appreciating & Working to your Strengths Includes your Belbin Strength Based Report & Strengths Profile.	Full day	\$795*
15	Providing AWESOME Customer Service	Full Day	\$650
17	Interviewing Skills & Techniques	Full Day	\$650
22	Managing Conflict Positively & Proactively	Full day	\$650
24	Mindful Leadership & Team Growth	Full Day	\$650
29	Handling Customer Complaints	Full day	\$650
31	Courageous Conversations Having Conversations that Matter.	Full Day	\$650

**For further workshop information & full suite of training & development offerings
visit www.freespiritnz.com or call us on 03 478 0061 or 021 467 203.**

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November	Public Workshops	Duration	Price + GST
5	Communicating Positively for Deeper Connection	Full day	\$650
7	Finetuning Your Assertiveness	Full day	\$650
14	Creating a Wellness Workplace	Full day	\$650
22	Time Management – Self Management	Full day	\$650
26	Leadership in a Permanent Whitewater Leadership during times of Change, Challenge & Uncertainty.	Full day	\$650
28	Leading Yourself & Others Through Change	Full day	\$650
29	Working to Your Strengths using Belbin Strength Based Report & Strengths Profile.	Full day	\$795*

December	Public Workshops	Duration	Price + GST
2 - 4	Introduction to Management & Leadership Includes your Belbin Strength Based Report, Strengths Profile & 1:1 Coaching.	3 days	\$1795*
10	Preparing for Career Change Includes your own Selector Career Step & Strengths Profile.	Full Day	\$795*
12	Providing AWESOME Customer Service	Full day	\$650
17	From Stress to Strength - Strengthening Your Resilience.	Full day	\$650

Please note:

- ✓ Dates may be subject to change.
- ✓ Subsidised Not-for-Profit Rates available upon consultation.
- ✓ *Includes the cost of Belbin Strength Based Assessment, MBTI (Myers Briggs Type Indicator), Selector Career Step & / or Strengths Profile Online Assessment & Reports.
- ✓ All workshops can be run as **In-house training workshops** tailor-made to suit the needs of you, your team & your organisation's mission, values & focus & as **Training Bites**.
- ✓ 1:1 Coaching is available for all Training Workshops

For further workshop information & on our full suite of offerings visit www.freespiritnz.com.

P / 03 478 0061 or 021 467 203

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SELECTOR